

*Piercing Lounge*

JEWELRY



Healing times vary and original earrings must remain in for the below times.

Ear lobes: 6-8 weeks  
Ear Cartilage: 12 weeks



Don't touch, or let others touch your piercing. Try to avoid knocking your piercing and take extra care when brushing hair, sports etc.



After 3 weeks, you can rotate your earrings once only in the shower with thoroughly clean, soap-free hands.



Avoid sleeping on your piercing and try to sleep on your back to avoid irritation and abrasion.



Avoid sharing jewellery with friends or inserting non-sterile jewellery



Don't go swimming of submerge piercing until fully healed. Contaminated water poses a risk of infection.



Change your pillow case every 2-3 days to avoid germs spreading



Keep hair spray, soap, shampoo, and other hair products away from the ear.



Our hair carries natural oils and potential germs that can infect your piercing if contact occurs. Avoid this by tying your hair up or using hair clips to keep hair out of the way.



Avoid non-piercing specific treatments such as; Dettol, alcohol-based solutions, peroxides, disinfectants, soaps and tea tree oil.